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PAPER

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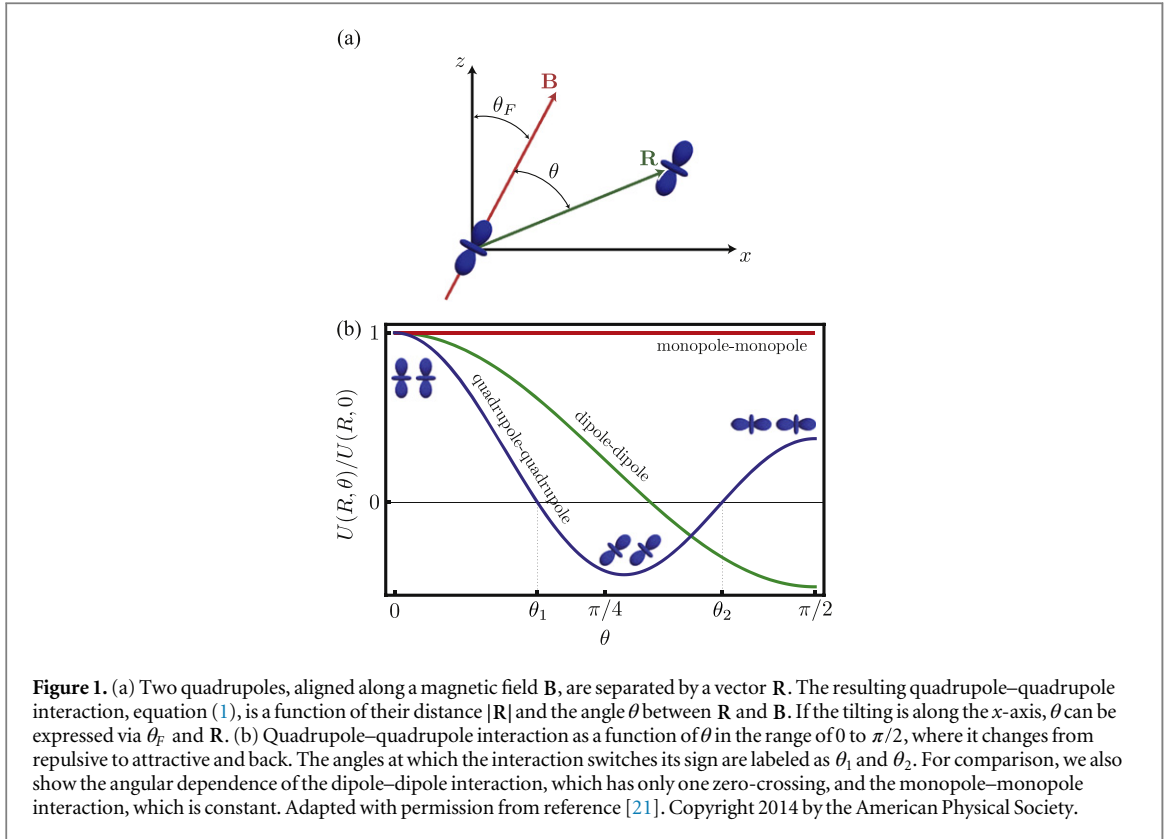
We investigate the occurrence of rotons in a quadrupolar Bose–Einstein condensate confined to two dimensions. Depending on the particle density, the ratio of the contact and quadrupole–quadrupole interactions, and the alignment of the quadrupole moments with respect to the confinement plane, the dispersion relation features two or four point-like roton minima or one ring-shaped minimum. We map out the entire parameter space of the roton behavior and identify the instability regions. We propose to observe the exotic rotons by monitoring the characteristic density wave dynamics resulting from a short local perturbation, and discuss the possibilities to detect the predicted effects in state-of-the-art experiments with ultracold homonuclear molecules.

1. Introduction

Roton excitations, inherent to non-ideal superfluids with finite-range interactions, were first discussed in the seminal works of Landau [1], Feynman [2, 3], and Bogoliubov [4] on the theory of liquid ⁴He, for which indeed a local minimum in the dispersion was observed. The existence of such a minimum in a non-monotonic dispersion is in itself an intriguing scenario. Additionally, it can be seen as the precursor of a non-trivial order as the roton softens. As the magnitude of the dispersion at the minimum approaches zero, the system tends to develop an instability, typically towards density wave order. Furthermore, it was later speculated that this instability not necessarily results in a suppression of superfluidity, meaning that the softening of the roton mode would give rise to a supersolid [5–7]. While the occurrence of a supersolid phase in helium has been a subject of active debate for more than 50 years [8, 9], no conclusive experimental evidence of supersolidity has been found yet [10, 11].

As opposed to liquid helium, whose properties can be controlled primarily through global, thermodynamic quantities, such as pressure and temperature, ultracold quantum gases allow for a versatile tunability of the microscopic Hamiltonian. As an example, a roton instability was predicted to arise in Bose–Einstein condensates (BECs) of dipolar particles confined to one- and two-dimensional (2D) geometries [12–16], as well as in a BEC of nonpolar atoms in the presence of an intense laser light [17] or Rydberg dressing [18].

Recently we introduced ultracold quantum gases of quadrupolar particles as a prospective platform for studying many-body phenomena [19–21]. Quadrupolar particles, such as ultracold homonuclear dimers, are prone to chemical reactions occurring for dipolar molecules [22]. On the other hand, since anisotropic quadrupole–quadrupole interactions occur in the molecular ground state, the coherence time is not disturbed by spontaneous emission, due to scattering of laser photons [17, 18]. Finally, although the quadrupole–quadrupole interactions are of shorter range compared to the dipole–dipole ones [15], particles possessing electric quadrupole moments, such as Cs₂ [23] or Sr₂ [24, 25], are readily available in experiments at higher densities, compared to dipolar species. Among the exciting properties of the quadrupole–quadrupole interactions is their peculiar anisotropy, which, combined with their broad tunability, paves the way to observing novel quantum phases in ultracold experiments [19–21].



In this contribution we investigate the occurrence of roton instabilities due to the interplay of quadrupole–quadrupole and contact interactions and explore the possibilities to detect the fingerprints of rotons in modern experiments with ultracold molecules. The paper is organized as follows: in section 2 we introduce the system geometry and two-body interactions and sketch the derivation of the excitation spectrum in the framework of Bogoliubov’s theory. A discussion of the stabilization criteria, section 3, is followed by the classification and occurrence of the rotons in the parameter space, section 4. In section 5 we describe the dynamics of a quadrupolar BEC following a short, local perturbation of the density, which can serve as an experimental detection tool for the roton instability in a BEC of homonuclear molecules. Finally, we conclude in section 6.

2. Quadrupolar condensates

We investigate a 2D, zero-temperature BEC of density n . The bosons are interacting via quadrupole–quadrupole interactions (QQI) as well as contact interactions, which can be tuned independently. For this system, we derive the Bogoliubov spectrum and identify the roton excitations, which can be stabilized in this system. The most interesting scenario of four roton minima is achieved by a competition of QQI and contact interaction and for a large alignment angle θ_F .

2.1. Quadrupole–quadrupole interaction

We consider a system of quadrupoles similar to the one described in [21]. However, here the particles are bosonic rather than fermionic. The interaction between two particles having a quadrupole moment q separated by the distance vector \mathbf{R} and aligned via an external magnetic field \mathbf{B} is

$$U(\mathbf{R}) = C_q \frac{3 - 30 \cos^2 \theta + 35 \cos^4 \theta}{R^5} \quad (1)$$

where $C_q = 3q^2 / (64\pi\epsilon_0)$, $R = |\mathbf{R}|$, and θ is the angle between \mathbf{B} and \mathbf{R} (see figure 1(a)). The QQI can also be written as $U(\mathbf{R}) = 16\sqrt{\pi} C_q Y_4^0(\theta, 0) / (3R^5)$, where $Y_4^0(\theta, \phi)$ is the fourth spherical harmonic. It changes its sign twice, at the angles $\theta_1 \equiv \arccos\sqrt{(15 + 2\sqrt{30})/35} \approx 0.533$ and $\theta_2 \equiv \arccos\sqrt{(15 - 2\sqrt{30})/35} \approx 1.224$. The interaction is repulsive for $\theta \in [0, \theta_1)$ and $\theta \in (\theta_2, \pi/2]$ and attractive for $\theta \in (\theta_1, \theta_2)$. In figure 1(b) we show the angular dependence of the (QQI), in comparison to a dipole–dipole interaction, $U \propto 1 - 3 \cos^2 \theta$, and a monopole–monopole interaction, $U \propto 1$.

In a three-dimensional (3D) quadrupolar condensate, no roton minima occur, as discussed in appendix B. Here, we consider a quasi-2D geometry, in which the motion of the particles in the z -direction is confined by a harmonic potential, $V_c = m\omega_z^2 z^2/2$, where m is the particle mass and ω_z the oscillator frequency. The oscillator length is $\lambda_z = \sqrt{\hbar/(m\omega_z)}$. The 2D limit is achieved for $\hbar\omega_z \gg \mu$, where μ is the chemical potential of the system. In this limit, only the spatial ground state is occupied, and we factorize the single-particle operator as $\hat{\Psi}(\mathbf{R}) = \hat{\psi}(\mathbf{r})\chi(z)$ where $\chi(z)$, reads as

$$\chi(z) = \frac{1}{(\pi\lambda_z^2)^{1/4}} \exp\left(-\frac{z^2}{2\lambda_z^2}\right). \quad (2)$$

As discussed in [21], we integrate out the z -component, which leads to an effective 2D potential $U_{2D}(\mathbf{r})$ given by

$$U_{2D}(\mathbf{r}) = \frac{1}{(2\pi\lambda_z^2)^{1/2}} \int dz U(\mathbf{R}) \exp\left(-\frac{z^2}{2\lambda_z^2}\right). \quad (3)$$

The full analytical expression for $U_{2D}(\mathbf{r})$ is given in appendix A. For $|\mathbf{r}| \gg \lambda_z$, $U_{2D}(\mathbf{r})$ approaches the $\sim 1/r^5$ behavior of the bare interaction. For $|\mathbf{r}| \ll \lambda_z$, the $\sim 1/r^5$ divergence is suppressed to a lower power, which makes $U_{2D}(\mathbf{r})$ sufficiently well behaved on short scales, so that no additional short range cut-off has to be introduced (see reference [21]).

The Fourier transform of this interaction is given by

$$V_{2D}(k, \beta) = \int U_{2D}(\mathbf{r}) e^{-i\mathbf{r}\cdot\mathbf{k}} d\mathbf{r}, \quad (4)$$

where we expressed the momentum \mathbf{k} in terms of its absolute value, $k \equiv |\mathbf{k}|$, and the angle between the vector and the x -axis, $\beta \equiv \arg \mathbf{k}$. The full analytic solution is sketched in appendix A.

Figure 2 shows $V_{2D}(k, \beta)$ for different tilting angles θ_F . The competition between attractive and repulsive contributions in different regimes of momentum space leads to interesting quantum phases of quadrupolar systems, as discussed in [19, 20].

Throughout this paper, we will work with the Fourier transform of the QQI, or the effective interaction derived from it in the quasi-2D geometry above. The Fourier transform of equation (1) is $V_{3D}(\mathbf{k}) = 64\pi^{3/2} C_q Y_4^0(\theta, 0) k^2/315$. We note that for the van der Waals interaction, the Fourier transform is usually replaced by an s-wave pseudopotential. For the QQI, however, the momentum dependence of the Fourier transform coincides with the corresponding g-wave pseudopotential.

2.2. Contact interaction

In addition to the QQI, we account for a contact interaction between the particles, as described by

$V_{\text{contact}} = \frac{1}{2} g_{3D} \int_{\mathbb{R}^3} d\mathbf{R} \hat{\Psi}^\dagger(\mathbf{R}) \hat{\Psi}^\dagger(\mathbf{R}) \hat{\Psi}(\mathbf{R}) \hat{\Psi}(\mathbf{R})$. Here, the interaction strength is given by $g_{3D} = 4\pi\hbar^2 a/m$, where a is the s-wave scattering length. We project this interaction onto two dimensions, by analogy to the QQI of equation (3), which results in the term $V_{\text{contact}} = \frac{1}{2} g_{2D} \int_{\mathbb{R}^2} d\mathbf{R} \hat{\psi}^\dagger(\mathbf{r}) \hat{\psi}^\dagger(\mathbf{r}) \hat{\psi}(\mathbf{r}) \hat{\psi}(\mathbf{r})$. The effective 2D interaction strength g_{2D} is given by

$$g_{2D} = g_{3D} \int_{\mathbb{R}} dz |\chi(z)|^4 = \frac{\sqrt{8\pi} \hbar^2 a}{m\lambda_z}. \quad (5)$$

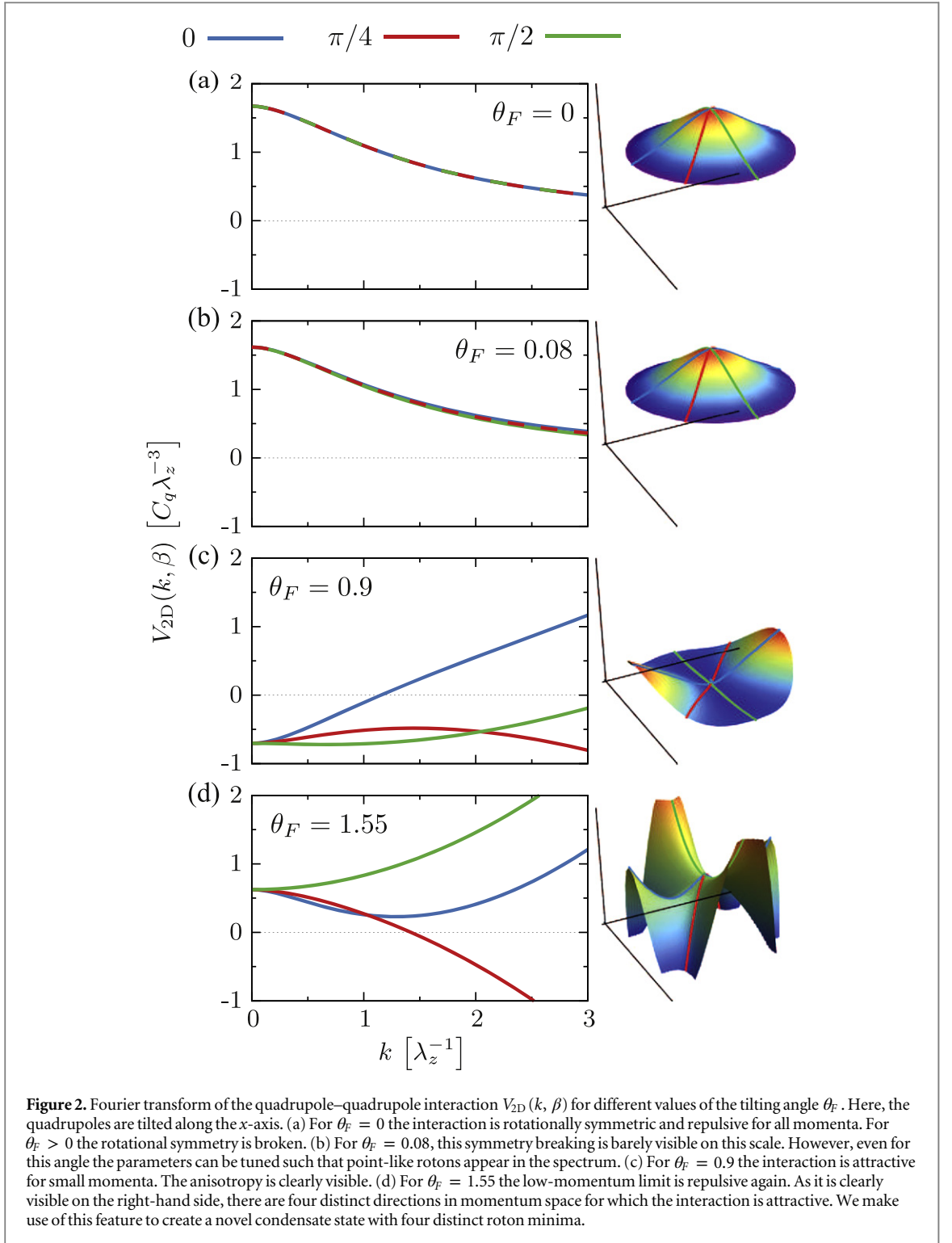
In experiment, this interaction strength can be controlled either by a Feshbach resonance [26, 27] or by changing the confinement length scale λ_z .

2.3. Bogoliubov spectrum

We derive the spectrum of the system within the Bogoliubov approximation. The Hamiltonian of the system is

$$\hat{H}_0 = \sum_{\mathbf{k}} \frac{\hbar^2 k^2}{2m} \hat{a}_{\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}} + \frac{1}{2A} \sum_{\mathbf{k}, \mathbf{q}, \mathbf{p}} \hat{a}_{\mathbf{k}+\mathbf{p}}^\dagger \hat{a}_{\mathbf{q}-\mathbf{p}}^\dagger V(\mathbf{p}) \hat{a}_{\mathbf{q}} \hat{a}_{\mathbf{k}} \quad (6)$$

where $\hat{a}_{\mathbf{k}}$ is the annihilation operator of mode \mathbf{k} and the Fourier transform of the single particle operator $\hat{\psi}$, \hbar is Planck's constant, and A is the system area. The interaction $V(\mathbf{k}) = V_{2D}(k, \beta) + g_{2D}$ contains both the QQI, equation (4), and the contact interaction, equation (5). We perform a Bogoliubov transformation of the form $\hat{b}_{\mathbf{k}} = u_{\mathbf{k}} \hat{a}_{\mathbf{k}} - v_{\mathbf{k}} \hat{a}_{-\mathbf{k}}^\dagger$ where the Bogoliubov functions are given by $u_{\mathbf{k}}^2 = (\hbar\omega_{\mathbf{k}} + \frac{\hbar^2 k^2}{2m} + nV(\mathbf{k})) / (2\hbar\omega_{\mathbf{k}})$ and $v_{\mathbf{k}}^2 = (-\hbar\omega_{\mathbf{k}} + \frac{\hbar^2 k^2}{2m} + nV(\mathbf{k})) / (2\hbar\omega_{\mathbf{k}})$, respectively. This results in a linearized Hamiltonian



$$\hat{H}_0 = \hbar\omega_0 + \sum_{\mathbf{k} \neq 0} \hbar\omega_{\mathbf{k}} \hat{b}_{\mathbf{k}}^\dagger \hat{b}_{\mathbf{k}} \quad (7)$$

where the dispersion relation of the quasi-particles is

$$\omega_{\mathbf{k}}^2 = \left(\frac{\hbar k^2}{2m} \right)^2 + \frac{nk^2}{m} (V_{2D}(k, \beta) + g_{2D}). \quad (8)$$

Due to the anisotropy of the QQI, the dispersion relation depends not only on the absolute momentum, $k = |\mathbf{k}|$, but also on its direction, $\beta = \arg \mathbf{k}$.

3. Stability of the condensate

Our main goal is to identify the parameter regime in which the dispersion relation (8) is non-monotonic and displays one or several roton minima. Furthermore, the dispersion at the roton minimum can become imaginary, indicating a roton instability, which is often a precursor of a new, non-trivial order of the system. For example, as shown in reference [28], a roton instability of 2D dipolar Bose gases precedes the formation of a striped phase. Below, we identify the roton instabilities for a quadrupolar condensate. However, two other types of instabilities are present in the system. The first one occurs at large momenta and is due to the strongly attractive behavior of the QQI at the short range, and the second one belongs to small momenta and is accompanied by the collapse of the condensate.

3.1. Stability criterium at large momenta

For large momenta, $k \rightarrow \infty$, the Fourier transform of the QQI reads

$$V_{2D}(k \rightarrow \infty, \beta) = \frac{\sqrt{2\pi} C_q}{12 \lambda_z^3} \cos(4\beta) \sin^4(\theta_F) \lambda_z^2 k^2. \quad (9)$$

Note that it scales as k^2 and therefore does not become negligible compared to the kinetic energy, as opposed to the contact interaction g_{2D} . In this case, the quantum depletion is proportional to the volume of the momentum space. For a consistent Bogoliubov approach, the magnitude of the quantum depletion has to be finite and small. In order to satisfy this, we have to introduce a short-wavelength cut-off of the QQI, which regularizes this quantity at large momenta. This is allowed, since the mean-particle distance, $n^{-1/2}$, is large compared to the atomic scale. Further, we can assume the cut-off to be much larger than the momentum corresponding to the roton minima. Thus, it will push the upper limit density, defined below, to larger values but does not affect the roton character.

The term in equation (9) is non-zero for any $\theta_F \neq 0$. For $\cos(4\beta) = -1$, this term achieves its largest, negative value and competes with the kinetic part of equation (8). As a result, the system becomes unstable for $k \rightarrow \infty$. This can be expressed as an upper limit for the density,

$$n(\theta_F) \leq n_c \sin^{-4}(\theta_F), \quad (10)$$

where the critical density is defined as

$$n_c \equiv \frac{3\hbar^2 \lambda_z}{\sqrt{2\pi} C_q m}. \quad (11)$$

We note that, since $n_c \propto \lambda_z$, strong confinement decreases the critical density.

As we demonstrate below, n_c also defines the scale for the parameter regime in which rotons exist. In order to give a quantitative example, we consider Cs_2 , with $q = 27.9$ a.u. [29] and $m = 266$ a.u. We assume a trapping frequency of $\omega_z = 10$ MHz, corresponding to $\lambda_z = 4.6$ nm. With these values, the critical density is $n_c = 522 \mu\text{m}^{-2}$. For a molecule of the same mass with a larger quadrupole moment of, e.g., $q = 50$ a.u. or $q = 100$ a.u., we find $n_c = 162 \mu\text{m}^{-2}$ and $n_c = 41 \mu\text{m}^{-2}$, respectively. This indicates that the scenario considered in this contribution is relevant for current experiments.

3.2. Stability criterium for small momenta

In addition to the short-range instability, the system can also undergo a collapse, which is characterized by an instability at small momenta. In this limit, the analytic expression of the Fourier-transformed QQI reads

$$V_{2D}(k \rightarrow 0) = \frac{\sqrt{2\pi} C_q}{12 \lambda_z^3} \left(3 - 30 \cos^2(\theta_F) + 35 \cos^4(\theta_F) \right). \quad (12)$$

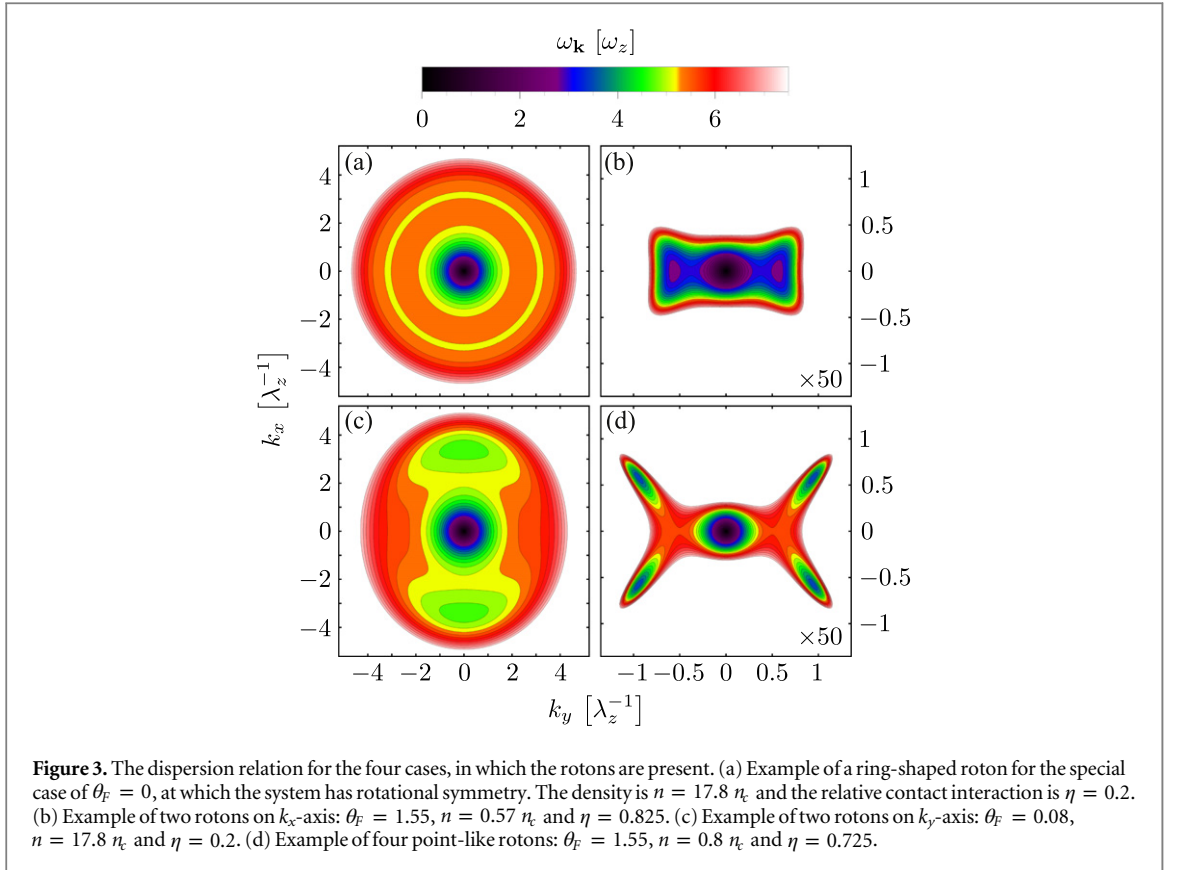
We note that (12) is independent of β and k . The dispersion relation for small k is given by $\omega_{k \rightarrow 0} = c_s k$ with the sound velocity

$$c_s \equiv \sqrt{\frac{n}{m} \left(V_{2D}(k \rightarrow 0) + g_{2D} \right)}. \quad (13)$$

Therefore, the system is stable if $V_{2D}(k \rightarrow 0) + g_{2D} \geq 0$. The contact interaction can prevent collapse if it fulfills the requirement

$$g_{2D} \geq -\frac{\sqrt{2\pi} C_q}{12 \lambda_z^3} \left(3 - 30 \cos^2(\theta_F) + 35 \cos^4(\theta_F) \right). \quad (14)$$

Depending on θ_F , the lower bound might be positive, which is the case for $\theta_F \in (\theta_1, \theta_2)$, or negative.



We introduce the relative interaction strength,

$$\eta \equiv -\frac{g_{2D}}{V_{2D}(k \rightarrow 0)}, \quad (15)$$

which depends on θ_F through $V_{2D}(k \rightarrow 0)$. $\eta = 0$ refers to zero contact potential. $\eta = 1$ corresponds to a vanishing speed of sound, $c_s = 0$, which indicates the onset of collapse. We note that in this representation for any η , the contact interaction is set to have an opposite sign with respect to $V_{2D}(k \rightarrow 0)$. If $V_{2D}(k \rightarrow 0)$ is repulsive (i.e., $\theta_F < \theta_1$ or $\theta_F > \theta_2$), $c_s^2 \geq 0$ is ensured by setting $\eta \leq 1$, which is a smaller and attractive contact interaction. However, if $V_{2D}(k \rightarrow 0)$ is attractive (for $\theta_1 < \theta_F < \theta_2$), a larger repulsive contact interaction, and thus $\eta \geq 1$ is required, in order to avoid the collapse of the condensate.

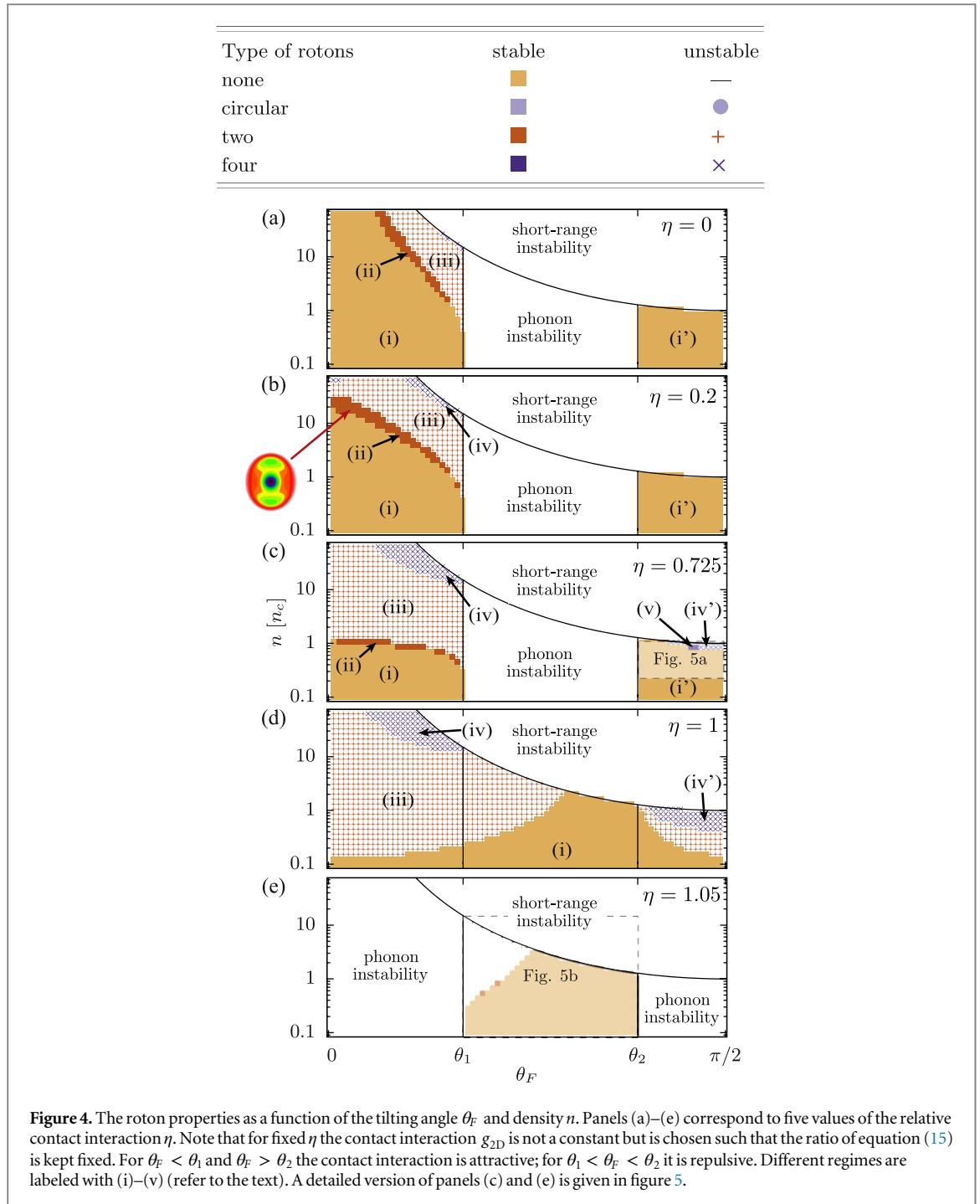
4. Rotons

Now we identify the rotons that exist in the system, and their parameter regime, by determining the number and properties of the dispersion minima. We find four different types of stable rotons (see figure 3).

For the special case $\theta_F = 0$, for which the system has a rotational symmetry, a ring-shaped roton minimum occurs, as shown in figure 3(a). Away from this rotationally symmetric case, the dispersion relation can possess either two or four point-like minima. The two point-like minima can either be on the k_x -axis, as shown in figure 3(b), or on the k_y -axis, as shown in figure 3(c). As reported recently [30], similar scenarios occur in a dipolar system. An intriguing case, which is specific to quadrupolar interactions, is the occurrence of four point-like roton minima, as shown in figure 3(d).

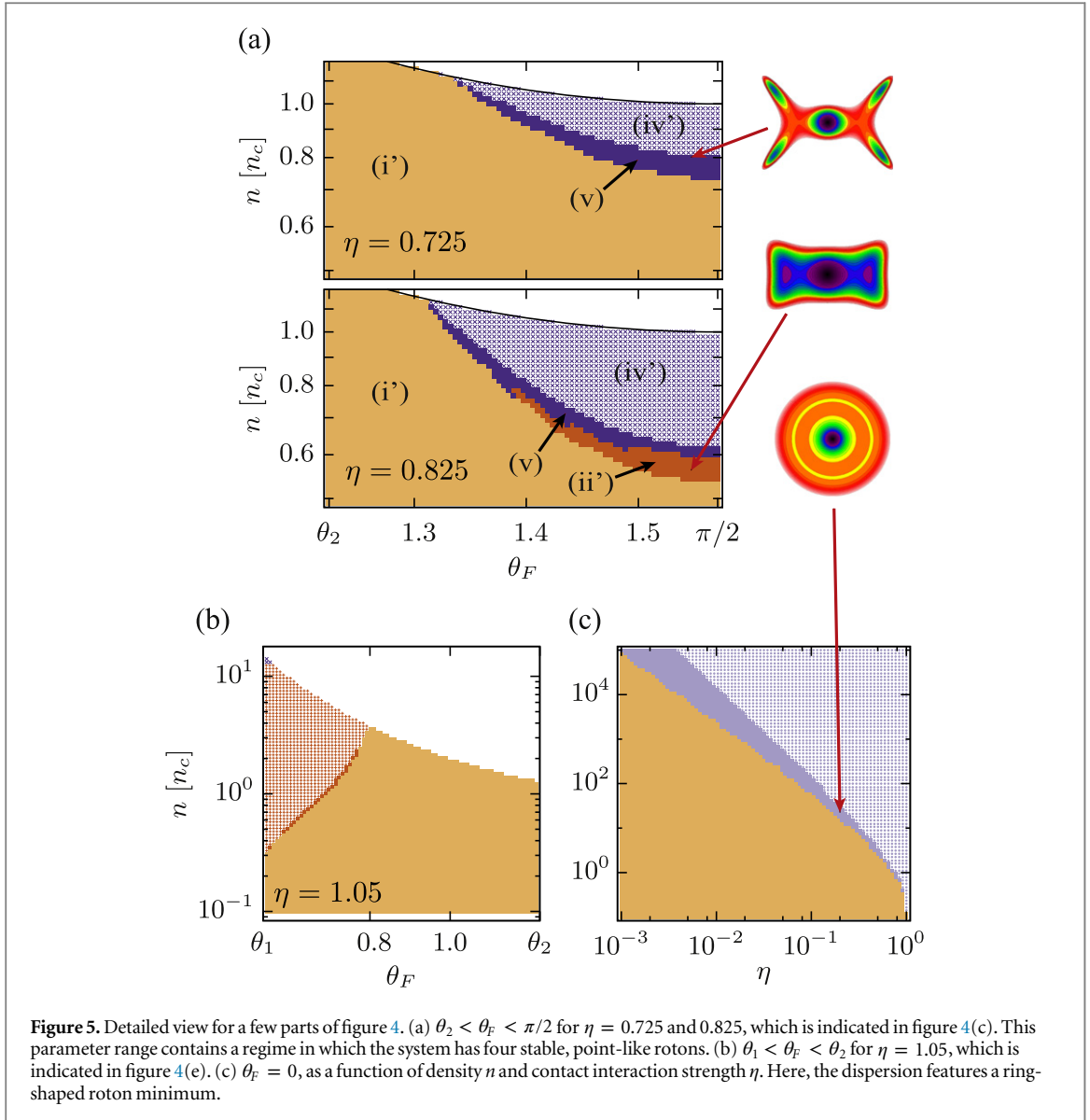
In figures 4 and 5 we show the parameter regime in which these types of rotons can occur.

The case of pure QQI and no contact interaction, $\eta = 0$, is shown in figure 4(a). For large densities, the system displays a short-range instability, according to equation (10). For $\theta_1 < \theta_F < \theta_2$, the total interaction is attractive for small momenta, leading to the phonon instability in equation (14). On the other hand, at small tilting angles, $\theta_F < \theta_1$, the system shows three regimes: (i) the dispersion is monotonic and has no roton minima for small densities. (ii) Two minima appear on the k_y -axis as the density is increased. (iii) These rotons become unstable at even larger densities. For large tilting angles, $\theta_F > \theta_2$, (i') the system is always monotonic, and no rotons are present.



We now modify this scenario by turning on a contact interaction. The two cases of $\eta = 0.2$ and $\eta = 0.725$ describe a weakly attractive contact interaction for $\theta_F < \theta_1$ and $\theta_F > \theta_2$. For $\theta_F < \theta_1$, the regimes (i) and (ii) move to smaller densities. Furthermore, close to the region of short-range instability, a new regime (iv) of a roton instability, in which the dispersion is imaginary for four regions of momentum space, occurs.

For sufficiently strong contact interaction, $\eta \geq 0.5$, a new regime occurs for $\theta_F > \theta_2$, in addition to (i'). As the density is increased, the system develops as a new regime: (v) four point-like roton minima for large tilting angles (see first panel of figure 5(a)). As the density is increased further, these turn into a roton instability (iv'). The axes of the quadrupoles are almost entirely tilted into the plane of the system. While dipolar particles would only be attractive along the dipole axis, quadrupoles have attractive interactions along two directions, both of which are at a non-zero angle to the axis of the quadrupole. If the repulsive parts of the QQI are sufficiently suppressed, this leads to the development of four roton minima rather than two. As we show in the second panel of figure 5(a), the regime of stable rotons (v) moves to smaller densities when the contact interaction is increased



further. However, as the density is lowered, the two pairs of rotors merge into (ii') two rotors on the k_x -axis. Therefore the minimal density to create stable roton minima in this regime is around $0.6 n_c$.

We now increase η further. The case of $\eta = 1$ is a marginal case (see figure 4(d)), for which the entire regime of θ_F is stable, and the low-momentum behavior of the dispersion is quadratic instead of linear. In this case, the contact interaction cancels the low-momentum part of the QQI identically. For values of η larger than 1, such as $\eta = 1.05$ shown in figure 4(e), the regime of the phonon instability is reversed, compared to $\eta < 1$. The attractive contact interaction for $\theta_F < \theta_1$ and $\theta_F > \theta_2$ is now too large and overcompensates the QQI. However, for $\theta_1 < \theta_F < \theta_2$ the contact interaction is now repulsive enough to compensate the attractive QQI and prevent collapse. This regime is depicted on a larger scale in figure 5(b). We find a large regime with a monotonic dispersion and a regime with a roton instability of two rotors. Between these two regimes is a small region of stable rotors.

Finally, we show the case of rotational symmetry with $\theta_F = 0$ in figure 5(c). As mentioned above, for $\eta > 1$ the system is unstable and collapses. For $\eta \leq 1$, three regimes are visible. For smaller densities, the dispersion is monotonic. As the density is increased, the system develops a ring-shaped roton minimum. This minimum becomes unstable, as the density is increased further. The density at the transitions between these regimes depends strongly on the value of η . Stable rotors for densities near n_c are achieved for η near 1.

5. Proposed measurement in real space

A well-established technique based on two-photon Bragg scattering allows us to measure the dynamic structure factor and thereby study the dispersion relation and the roton minima [31, 32]. In this section we discuss an alternative scheme that demonstrates the existence of roton minima in the dispersion and highlights the properties of rotons. We consider an experimental setup similar to the one used in reference [33], measuring the speed of sound in a stirred BEC. During a short time Δt , the system is perturbed with an off-resonant laser beam, which we model as an external potential

$$U_1(\mathbf{r}) = \frac{V_0}{2\pi\sigma^2} \exp\left(-\frac{r^2}{2\sigma^2}\right) \quad (16)$$

with a strength V_0 and a spatial width σ . If the system has a linear dispersion at small momenta and is probed with a width σ that is large enough to only probe the low-momentum regime of the dispersion, this perturbation results in an outgoing circular density wave traveling at the speed of sound.

However, for a non-trivial dispersion possessing roton minima, this behavior is modified in a qualitative manner. In particular, the dispersion will necessarily contain regions in which the group velocity is negative. This will result in density waves that propagate towards the location of the perturbation, rather than away from it. Furthermore, the directions of the flow pattern indicate the location and number of roton minima. The perturbation term has the form

$$\hat{H}_1 = \int d\mathbf{r} U_1(\mathbf{r}) \hat{n}(\mathbf{r}), \quad (17)$$

where $\hat{n}(\mathbf{r})$ is the particle density. We linearize the density $\hat{n}_{\mathbf{k}}$ in momentum space within the Bogoliubov approximation, which gives $\hat{n}_{\mathbf{k}} = \sqrt{N_0} (u_{\mathbf{k}} + v_{\mathbf{k}}) (\hat{b}_{-\mathbf{k}} + \hat{b}_{\mathbf{k}}^\dagger)$, where N_0 is the number of condensed particles. With this expression, equation (17) is linearized and given by

$$\hat{H}_1 = \sum_{\mathbf{k}} S_{\mathbf{k}} (u_{\mathbf{k}} + v_{\mathbf{k}}) (\hat{b}_{-\mathbf{k}} + \hat{b}_{\mathbf{k}}^\dagger). \quad (18)$$

Here, $S_{\mathbf{k}}$ is the Fourier transform of the Gaussian potential, $S_{\mathbf{k}} = \frac{2\pi V_0}{A} e^{-k^2\sigma^2/2}$. With this term being turned on briefly at time $t=0$, the Bogoliubov operator $\hat{b}_{\mathbf{k}}(t)$ evolves in time as

$$\hat{b}_{\mathbf{k}}(t) = \hat{b}_{\mathbf{k}} e^{-i\omega_{\mathbf{k}} t} + A_{\mathbf{k}}(t), \quad (19)$$

where $A_{\mathbf{k}}(t)$ is zero for $t \leq 0$, and

$$A_{\mathbf{k}}(t) = -\frac{i}{\hbar} S_{\mathbf{k}} (u_{\mathbf{k}} + v_{\mathbf{k}}) (e^{-i\omega_{\mathbf{k}} t} - 1) \Delta t \quad (20)$$

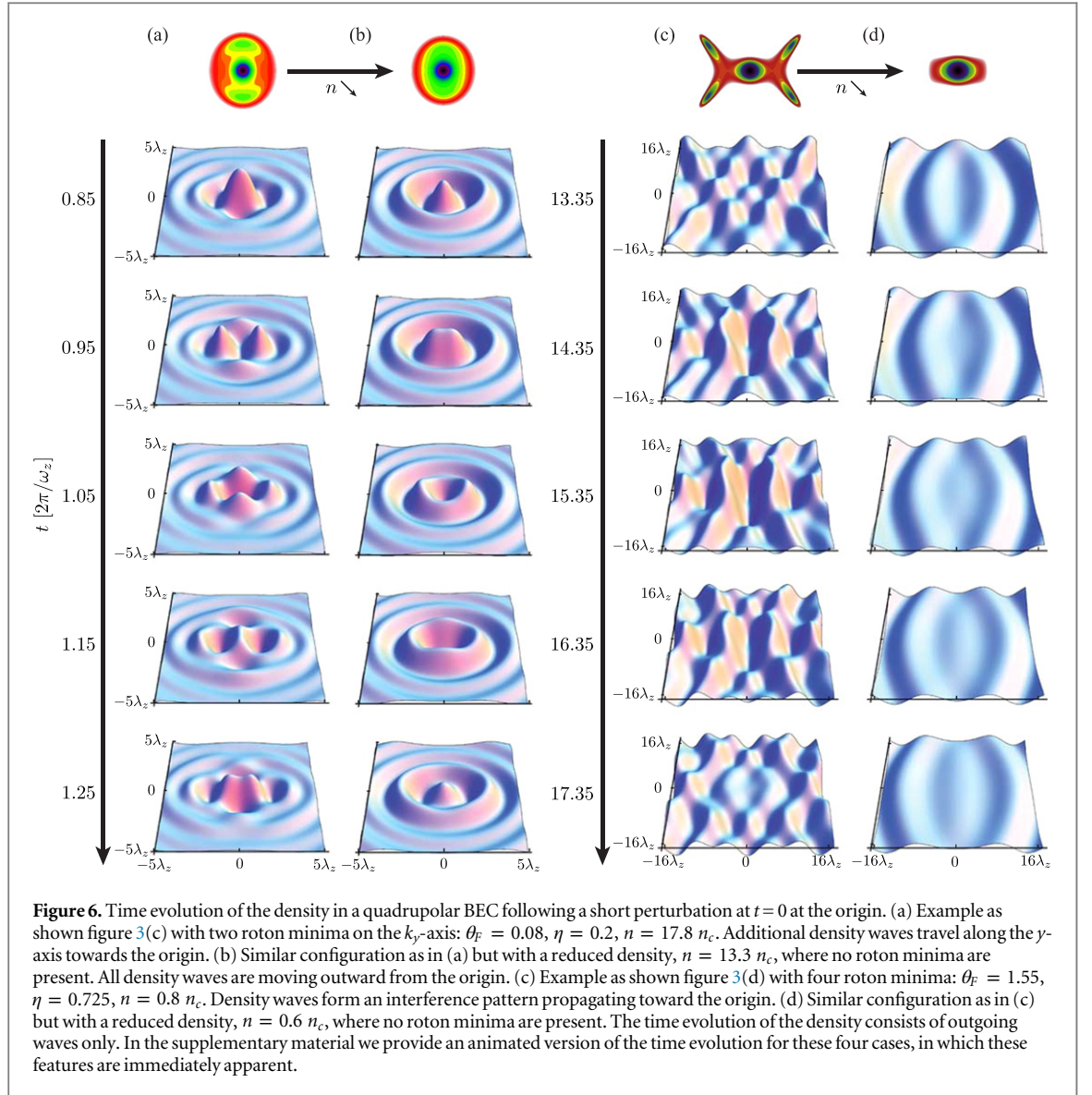
for $t > 0$. We now use this solution for the Bogoliubov operator in the linearized expression for the density, which can be written as $\hat{n}_{\mathbf{k}} = \hat{n}_{0,\mathbf{k}}(t) + \hat{n}_{1,\mathbf{k}}(t)$, where $\hat{n}_{0,\mathbf{k}}(t)$ is the unperturbed density and $\hat{n}_{1,\mathbf{k}}(t)$ is the density perturbation that we are interested in. It is given by

$$\hat{n}_{1,\mathbf{k}}(t) = -\frac{2\pi N_0 V_0 \Delta t}{m \hbar A} k^2 e^{-k^2\sigma^2/2} \frac{\sin(\omega_{\mathbf{k}} t)}{\omega_{\mathbf{k}}}. \quad (21)$$

Using this solution, we construct the density perturbation in real space via $\hat{n}_1(\mathbf{r}) = \sum_{\mathbf{k}} \hat{n}_{1,\mathbf{k}} e^{-i\mathbf{k}\cdot\mathbf{r}}$.

In figure 6 we show two pairs of examples for this time evolution of the density. The time sequence in (a) is for the two-roton example that was given in figure 3(c), where $\theta_F = 0.08$, $\eta = 0.2$, and $n = 17.8 n_c$. Panel (b) corresponds to the same values of θ_F and η , but a reduced density, $n = 13.3 n_c$. We choose the spatial size of the Gaussian perturbation to be $\sigma = 2 \lambda_z$. In the time sequence (a), the density peak at the center initially splits up and moves outward along the x -axis. Later, two peaks appear on the y -axis at a similar distance from the origin, however moving inward. This indicates the occurrence of roton minima on the k_y -axis for these parameters. For comparison, we show the time sequence (b), where no rotons are present. Here, a density wave propagates outward in the shape of an elliptic ring, indicating that the dispersion is monotonic.

As the second pair of examples, we show the case of four local rotons, which was given in figure 3(d), for $\theta_F = 1.55$ and $\eta = 0.725$. The density in (c) is $n = 0.8 n_c$, and in (d) it is $n = 0.6 n_c$. The spatial size of the perturbation is $\sigma = 0.6 \lambda_z$. In the time evolution shown in figure 6(c) we now see two incoming density peaks that move towards the x -axis, merge, and then propagate further towards the origin. The peaks before and after the merging move with different speeds along the axes. This reflects the curvature of the dispersion relation near the roton minima. A large (small) curvature corresponds to a large (small) effective mass, which implies that the quasi particles move slower (faster). In other words, the density wave will preferably propagate in the direction



of the smallest gradient in the dispersion relation, which is not towards the origin but pointing towards the k_x -axis at an angle. Thus, the density waves created at the roton minima first merge on the x -axis, interfere with the outgoing density wave, and finally merge at the origin. For the lower density, $n = 0.6 n_c$, no rotons are present, and the density waves always propagate outwards (see figure 6(d)).

6. Conclusion

We have demonstrated that a quadrupolar 2D condensate can support stable rotonic excitations as well as roton instabilities, which suggest that the system might develop a non-trivial order. Depending on the alignment angle of the quadrupoles with respect to the system plane, the density, and the magnitude of an additional contact interaction, we identify three types of roton minima. If the quadrupoles are aligned perpendicularly to the plane, the roton minimum is ring-shaped, which reflects the rotational symmetry of this state. If the quadrupoles are aligned at a non-perpendicular angle, the dispersion features either two point-like rotons, or, most interestingly, four point-like rotons which occur for the alignment almost lying within the system plane. Each of these roton types can develop into a roton instability, meaning that the dispersion becomes imaginary at the minimum.

We study the response of a quadrupolar condensate to a sudden, local perturbation of the density. We demonstrate that there is a qualitative difference in the response of a condensate with a monotonic dispersion and a condensate with a roton minimum. For the monotonic case, the system displays outgoing density waves, whereas the roton minima imply that there are parts of momentum space with negative group velocity. This results in density waves that travel towards the local perturbation rather than away from it. Furthermore, the patterns of these in-flowing density waves indicate which type of roton scenario is present in the system. These

results pave the way to observing exotic roton excitations in the condensates of ultracold homonuclear molecules.

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Appendix A. Fourier transform of $U_{2D}(\mathbf{r})$

The quadrupole–quadrupole interaction in a quasi-2D geometry under a tilting θ_F along the x -axis is given by

$$\begin{aligned} U_{2D}(r, \alpha) = & -16u_0 \left(\varrho^4 + 4\varrho^2 \right) K_0 \left(\frac{\varrho^2}{4} \right) e^{\frac{\varrho^2}{4}} f_1(\theta_F, \alpha) + 8u_0 \left(\varrho^4 - 2\varrho^2 + 6 \right) K_0 \left(\frac{\varrho^2}{4} \right) e^{\frac{\varrho^2}{4}} f_2(\theta_F, \alpha) \\ & + u_0 \left(\varrho^4 + 6\varrho^2 + 6 \right) K_0 \left(\frac{\varrho^2}{4} \right) e^{\frac{\varrho^2}{4}} f_3(\theta_F, \alpha) + 16u_0 \left(\varrho^4 + 2\varrho^2 - 2 \right) K_1 \left(\frac{\varrho^2}{4} \right) e^{\frac{\varrho^2}{4}} f_1(\theta_F, \alpha) \\ & - 8u_0 \left(\varrho^4 - 4\varrho^2 + 16 - 48\varrho^{-2} \right) K_1 \left(\frac{\varrho^2}{4} \right) e^{\frac{\varrho^2}{4}} f_2(\theta_F, \alpha) - u_0 \left(\varrho^4 + 4\varrho^2 \right) K_1 \left(\frac{\varrho^2}{4} \right) e^{\frac{\varrho^2}{4}} f_1(\theta_F, \alpha) \quad (\text{A.1}) \end{aligned}$$

where $r = |\mathbf{r}| = \lambda_z \varrho$, $\alpha = \arg(\mathbf{r})$, $u_0 = C_q / (384\sqrt{2\pi}\lambda_z^5)$ is a constant energy scale, and $K_\nu(x)$ are the modified Bessel functions of the second kind. Furthermore, we expressed the dependencies on θ_F and α through the following functions:

$$f_1(\theta_F, \alpha) = \sin^2(\theta_F) (7 \cos(2\theta_F) + 5) \cos(2\alpha) \quad (\text{A.2a})$$

$$f_2(\theta_F, \alpha) = \sin^4(\theta_F) \cos(4\alpha) \quad (\text{A.2b})$$

$$f_3(\theta_F, \alpha) = 20 \cos(2\theta_F) + 35 \cos(4\theta_F) + 9. \quad (\text{A.2c})$$

The Fourier-transformed interaction is formally given by

$$V_{2D}(k, \beta) = \int_0^\infty r dr \int_0^{2\pi} d\alpha U_{2D}(\varrho\lambda_z, \alpha) e^{-ip\varrho \cos(\alpha-\beta)}, \quad (\text{A.3})$$

where we introduced the dimensionless quantity $p = \lambda_z k$. The angular dependence can be evaluated by integrating the functions $f_i(\theta_F, \alpha)$ over α ,

$$F_i(p\varrho, \beta - \varphi_F) = \int_0^{2\pi} d\alpha f_i(\theta_F, \alpha) e^{-ip\varrho \cos(\alpha-\beta)}. \quad (\text{A.4})$$

We find

$$F_1(p\varrho, \beta) = -2\pi \sin^2(\theta_F) (7 \cos(2\theta_F) + 5) \cos(2\beta) J_2(p\varrho) \quad (\text{A.5a})$$

$$F_2(p\varrho, \beta) = 2\pi \sin^4(\theta_F) \cos(4\beta) \left[\left(1 - \frac{24}{(p\varrho)^2} \right) J_0(p\varrho) - \left(\frac{8}{p\varrho} - \frac{48}{(p\varrho)^3} \right) J_1(p\varrho) \right] \quad (\text{A.5b})$$

$$F_3(p\varrho, \beta) = 2\pi (20 \cos(2\theta_F) + 35 \cos(4\theta_F) + 9) J_0(p\varrho). \quad (\text{A.5c})$$

The modified Bessel functions of the second kind can be defined as $K_\nu(x) = \int_0^\infty e^{-x \cosh(t)} \cosh(\nu t) dt$. Using a substitution $u^2 = \cosh(t) - 1$, we find

$$e^{\frac{\varrho^2}{4}} K_0 \left(\frac{\varrho^2}{4} \right) = \int_0^\infty e^{-\frac{\varrho^2}{4} (\cosh(t)-1)} dt = \int_0^\infty \frac{2}{\sqrt{u^2+2}} e^{-\frac{\varrho^2}{4} u^2} du, \quad (\text{A.6a})$$

$$e^{\frac{\varrho^2}{4}} K_1 \left(\frac{\varrho^2}{4} \right) = \int_0^\infty e^{-\frac{\varrho^2}{4} (\cosh(t)-1)} \cosh(t) dt = \int_0^\infty \frac{2(u^2+1)}{\sqrt{u^2+2}} e^{-\frac{\varrho^2}{4} u^2} du. \quad (\text{A.6b})$$

We introduce an integral of the following form:

$$Q_{n,m}(u) = \int_0^\infty \varrho^{n+1} J_m(p\varrho) e^{-\varrho^2 u^2/4} d\varrho = 2^{n+1} p^m u^{-(m+n+2)} \frac{\left(\frac{m+n}{2}\right)!}{m!} {}_1F_1\left(\frac{m+n+2}{2}, m+1, -\frac{p^2}{u^2}\right), \quad (\text{A.7})$$

where the analytic solution is valid for $m \geq 0$ and $m+n \geq -1$. Using the recurrence identities of the Bessel functions J_m , $J_m(z) = 2(m+1)J_{m+1}(z)/z - J_{m+2}(z)$ and $J_m(z) = 2(m-1)J_{m-1}(z)/z - J_{m-2}(z)$, we find equivalent relations for $Q_{n,m}$

$$Q_{n,m}(u) = \frac{2(m+1)}{p} Q_{n-1,m+1}(u) - Q_{n,m+2}(u), \quad (\text{A.8a})$$

$$Q_{n,m}(u) = \frac{2(m-1)}{p} Q_{n-1,m-1}(u) - Q_{n,m-2}(u). \quad (\text{A.8b})$$

Furthermore, we define

$$\begin{aligned} P_{n,m} &= \int_0^\infty \frac{2}{\sqrt{u^2+2}} Q_{n,m}(u) du \\ &= \frac{p^m}{2^{\mu+m+1}} \left\{ \frac{\Gamma(\mu+1)\Gamma(2\mu+2)\Gamma\left(-\frac{\mu+1}{2}\right)}{\Gamma(m+1)\Gamma\left(\mu+\frac{3}{2}\right)} {}_2F_2\left(\mu+1, \mu+1; m+1, \mu+\frac{3}{2}; \frac{p^2}{2}\right) \right. \\ &\quad \left. + (-1)^\mu \frac{(2\pi)^{3/2} 2^{3\mu}}{p^{2\mu+1}\Gamma\left(\frac{1}{2}-\mu\right)\Gamma\left(m-\mu+\frac{1}{2}\right)} {}_2F_2\left(\frac{1}{2}, \frac{1}{2}; \frac{1}{2}-\mu, m-\mu+\frac{1}{2}; \frac{p^2}{2}\right) \right\} \end{aligned} \quad (\text{A.9})$$

where we set $m+n = 2\mu$, and the solution of the integral is valid for $\mu > -1$. Similar to that, we find

$$\begin{aligned} R_{n,m} &= \int_0^\infty \frac{2(u^2+1)}{\sqrt{u^2+2}} Q_{n,m}(u) du \\ &= \frac{p^m}{2^{\mu+m+1}} \left\{ \Gamma(2\mu+1)\Gamma\left(-\frac{\mu-1}{2}\right)\Gamma(\mu) \left[4 {}_2\tilde{F}_2\left(\mu, \mu+1; m+1, \mu+\frac{1}{2}; \frac{p^2}{2}\right) \right. \right. \\ &\quad \left. \left. - 2\mu {}_2\tilde{F}_2\left(\mu+1, \mu+1; m+1, \mu+\frac{3}{2}; \frac{p^2}{2}\right) \right] \right. \\ &\quad \left. + (-1)^\mu \frac{(2\pi)^{3/2} 2^{3\mu}}{p^{2\mu+1}} \left[{}_2\tilde{F}_2\left(\frac{1}{2}, \frac{1}{2}; \frac{1}{2}-\mu, m-\mu+\frac{1}{2}; \frac{p^2}{2}\right) \right. \right. \\ &\quad \left. \left. - \frac{p^2}{2} {}_2\tilde{F}_2\left(\frac{1}{2}, \frac{3}{2}; \frac{3}{2}-\mu, m-\mu+\frac{3}{2}; \frac{p^2}{2}\right) \right] \right\} \end{aligned} \quad (\text{A.10})$$

where we set again $m+n = 2\mu$, and the solution of the integral is valid for $\mu > 0$. Since the integral is linear, the same recurrence identities as for $Q_{n,m}$ apply for $P_{n,m}$ and $R_{n,m}$, respectively. Finally, the Fourier transformed interaction potential can be written as

$$\begin{aligned} V_{2D}(k, \beta) &= 32\pi u_0 f_1(\theta_F, \beta) \left[P_{4,2} + 4P_{2,2} - R_{4,2} - 2R_{2,2} + 2R_{0,2} \right] \\ &\quad + 16\pi u_0 f_2(\theta_F, \beta) \left[P_{4,0} - (24p^{-2} + 2)P_{2,0} + (48p^{-2} + 6)P_{0,0} + 144p^{-2}P_{-2,2} - 8p^{-1}P_{3,1} \right. \\ &\quad + (48p^{-3} + 16p^{-1})P_{1,1} - (96p^{-3} + 48p^{-1})P_{-1,1} - R_{4,0} + (24p^{-2} + 4)R_{2,0} + 8p^{-1}R_{3,1} \\ &\quad \left. - (48p^{-3} + 32p^{-1})R_{1,1} + (96p^{-2} + 16)R_{0,2} + 48R_{-2,4} - 96p^{-1}R_{-1,3} \right] \\ &\quad + 2\pi u_0 f_3(\theta_F, \beta) \left[P_{4,0} + 6P_{2,0} + 6P_{0,0} - R_{4,0} - 4R_{2,0} \right]. \end{aligned} \quad (\text{A.11})$$

Note that we made use of the recurrence identities above, since not all combinations of n and m fulfill the conditions on the expressions equations (A.9) and (A.10), and terms might diverge if considered separately.

Appendix B. Remarks on 3D quadrupolar BECs

We assume an unconfined 3D condensate with quadrupole–quadrupole interactions, as is defined in equation (1). In addition, we again introduce contact interactions with the interaction strength g_{3D} . In this section we will show that no stable rotons can occur in such a system. Due to symmetry, we can fix the magnetic field \mathbf{B} along the z -axis and choose the polar angle to be zero, $\alpha = 0$. Then, the Fourier transform of the QQI is given by

$$V_{3D}(k, \beta, \gamma) = \frac{4\pi}{105} C_q \left(3 - 30 \cos^2 \gamma + 35 \cos^4 \gamma \right) k^2, \quad (\text{B.1})$$

where γ is the azimuthal angle in momentum space. It is proportional to k^2 , with a prefactor which can be either positive or negative, depending on γ . Equivalent to equation (8), the dispersion relation can be formulated in the following form:

$$\omega_{\mathbf{k}}^2 = \left(\frac{\hbar k^2}{2m} \right)^2 + \frac{nk^2}{m} \left(V_{3D}(k, \beta, \gamma) + g_{3D} \right) = Tk^4 + Gk^2, \quad (\text{B.2})$$

where $T \equiv \hbar^2 / (2m)^2 + 4\pi n C_q (3 - 30 \cos^2 \gamma + 35 \cos^4 \gamma) / (105m)$ and $G \equiv n g_{3D} / m$. On the one hand, the small momenta limit, $\omega_{k \rightarrow 0} = \sqrt{G} k$, demands a repulsive contact interaction, $G = c_s \geq 0$, to avoid phonon instability. On the other hand, the large momenta limit $\omega_{k \rightarrow \infty} = \sqrt{T} k^2$ demands the kinetic energy to be larger than or equal to any attractive QQI, $T \geq 0$. In conclusion, the dispersion relation, $\omega_{\mathbf{k}}^2 = Tk^4 + Gk^2$, does not have a minimum at $k \neq 0$, and hence no stable rotons exists in a 3D quadrupolar condensate.

Appendix C. Details of the real-space dynamics

In this section we explain the calculations of section 5 leading to equation (21) in more detail. The annihilation (creation) operator in Fourier space is given by $\hat{a}_{\mathbf{k}}$ ($\hat{a}_{\mathbf{k}}^\dagger$). Then, the spectral density is given by

$$\hat{n}_{\mathbf{k}} = \sum_{\mathbf{k}'} \hat{a}_{\mathbf{k}+\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}'} = \hat{a}_{\mathbf{k}}^\dagger \hat{a}_0 + \hat{a}_0^\dagger \hat{a}_{-\mathbf{k}} + \sum_{\mathbf{k}' \neq 0} \hat{a}_{\mathbf{k}+\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}'}. \quad (\text{C.1})$$

Since we assume a BEC with the occupation number of the condensed mode $\mathbf{k} = 0$ much larger than the total population of the excited states, $N_0 \gg \sum_{\mathbf{k} \neq 0} N_{\mathbf{k}}$, we can (i) replace \hat{a}_0 and \hat{a}_0^\dagger by $\sqrt{N_0}$, and (ii) neglect the terms which are not at least proportional to $\sqrt{N_0}$. Applying the Bogoliubov transformation, following the same arguments as above, we obtain $\hat{n}_{\mathbf{k}} = \sqrt{N_0} (u_{\mathbf{k}} + v_{\mathbf{k}}) (\hat{b}_{-\mathbf{k}} + \hat{b}_{\mathbf{k}}^\dagger)$. The perturbation in the Hamiltonian, $\hat{\mathcal{H}}_1 = \int d\mathbf{r} U_1(\mathbf{r}) \hat{n}(\mathbf{r})$, is now expressed in terms of the Fourier representations of density $\hat{n}(\mathbf{r})$ and interaction, $U_1(\mathbf{r})$, as follows

$$\hat{\mathcal{H}}_1 = \int d\mathbf{r} \sum_{\mathbf{k}} V_1(\mathbf{k}) e^{-i\mathbf{k} \cdot \mathbf{r}} \sum_{\mathbf{k}'} n_{\mathbf{k}'} e^{-i\mathbf{k}' \cdot \mathbf{r}}. \quad (\text{C.2})$$

Plugging in $V_1(\mathbf{k}) = \int d\mathbf{r} U_1(\mathbf{r}) \exp(i\mathbf{r} \cdot \mathbf{k}) / A$ and $\hat{n}_{\mathbf{k}}$, respectively, we find

$$\hat{\mathcal{H}}_1 = \sum_{\mathbf{k}, \mathbf{k}'} (u_{\mathbf{k}} + v_{\mathbf{k}}) \left(\hat{b}_{-\mathbf{k}'} + \hat{b}_{\mathbf{k}'}^\dagger \right) \frac{V_0}{A} e^{-k^2 \sigma^2 / 2} \int d\mathbf{r} e^{-i(\mathbf{k}+\mathbf{k}') \cdot \mathbf{r}}. \quad (\text{C.3})$$

Making use of the Fourier representation of the δ -distribution, $2\pi\delta(\mathbf{k}) = \int d\mathbf{r} \exp(-i\mathbf{k} \cdot \mathbf{r})$, and the fact that the QQI is mirror-symmetric and thus $\omega_{-\mathbf{k}} = \omega_{\mathbf{k}}$, directly leads to equation (18). We now solve the equation of motion,

$$i\hbar d_t \hat{b}_{\mathbf{k}}(t) = \left[\hat{b}_{\mathbf{k}}(t), \hat{\mathcal{H}}_0 \right] + \left[\hat{b}_{\mathbf{k}}(t), \hat{\mathcal{H}}_1 \right], \quad (\text{C.4})$$

by inserting the ansatz given in equation (19). Using the expressions for the undisturbed Hamiltonian, equation (7), the first commutator on the right-hand side becomes

$$\left[\hat{b}_{\mathbf{k}}(t), \hat{\mathcal{H}}_0 \right] = \left[\hat{b}_{\mathbf{k}} e^{-i\omega_{\mathbf{k}} t} + A_{\mathbf{k}}(t), \varepsilon_0 + \sum_{\mathbf{k}' \neq 0} \varepsilon_{\mathbf{k}'} \hat{b}_{\mathbf{k}'}^\dagger \hat{b}_{\mathbf{k}'} \right] = e^{-i\omega_{\mathbf{k}} t} \sum_{\mathbf{k}' \neq 0} \varepsilon_{\mathbf{k}'} \left[\hat{b}_{\mathbf{k}}, \hat{b}_{\mathbf{k}'}^\dagger \hat{b}_{\mathbf{k}'} \right] = e^{-i\omega_{\mathbf{k}} t} \varepsilon_{\mathbf{k}} \hat{b}_{\mathbf{k}}, \quad (\text{C.5})$$

where we applied bosonic commutator relations. Similarly, by inserting the perturbation of equation (18), the second commutator on the right-hand side gives

$$\begin{aligned} [\hat{b}_k(t), \hat{\mathcal{H}}_1] &= \left[\hat{b}_k e^{-i\omega_k t} + A_k(t), \sum_{k'} S_{k'}(u_{k'} + v_{k'}) (\hat{b}_{-k'} + \hat{b}_{k'}^\dagger) \right] \\ &= e^{-i\omega_k t} \sum_k S_k(u_k + v_k) [\hat{b}_k, \hat{b}_{-k} + \hat{b}_k^\dagger] = e^{-i\omega_k t} S_k(u_k + v_k). \end{aligned} \quad (\text{C.6})$$

However, if we consider the ansatz from equation (19) directly, we find another expression for the left-hand side of the equation of motion, that is

$$i\hbar d_t \hat{b}_k(t) = \varepsilon_k \hat{b}_k e^{-i\omega_k t} + i\hbar \partial_t A_k(t). \quad (\text{C.7})$$

Note that the first term is equal to the right-hand side of equation (C.5). Thus, the second term must coincide with the right-hand side of equation (C.6), resulting in a first-order differential equation for $A_k(t)$, that is

$$\partial_t A_k(t) = -\frac{i}{\hbar} S_k(u_k + v_k) e^{-i\omega_k t}. \quad (\text{C.8})$$

Since we assume only a very short quench within some time interval Δt , we can linearize the integral and find

$$A_k(t) = -\frac{i}{\hbar} S_k(u_k + v_k) (e^{-i\omega_k t} - 1) \Delta t. \quad (\text{C.9})$$

We chose the integration constant in such a way that the boundary condition $A(t=0) = 0$, and thus $\hat{b}_k(t=0) = \hat{b}_k$ is fulfilled. This is the solution given in equation (20).

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